



## a la Carte Price List for Incarnate Word Academy 2023 - 2024

### Daily Hot Lunch Price includes Bottle of Water 9<sup>th</sup> – 12<sup>th</sup> \$ 7.95

- Side Order of Meat (**Example:** Portion of hot entrée only) \$ 4.65
- Order of Vegetable or Side (**Example:** Mac and Cheese, when available) \$ 2.65
- Side of Entrée (only on the day served) \$ 2.75  
**Example:** 1 Chicken Tender • 1 Taco
- Side Order of Bread (when offered with entrée) \$ .75

To promote a complete and healthful balanced meal, HOT LUNCH is served with all components

#### Salads, Sandwiches & Such

- Baked Potato Trimmings - margarine, sour cream, grated cheese, and bacon \$ 4.90  
Extra cheese or bacon each \$ 0.95
- Chef's Salad with slivered turkey, ham, and grated cheddar cheese with Ranch \$ 6.50
- Grilled Chicken Caesar Salad \$ 6.50
- Fresh Fruits in Season 8 oz. Boxed \$ 3.50 4 oz. Cup \$ 2.25
- Grilled Hamburger \$ 6.25
- **Make it a Combo:** Burger ♦ Ruffles Chips ♦ Apple or Orange ♦ Bottle of Water \$ 7.25  
(Other beverages or Baked Chips are priced separately)
- Sandwiches served on Multi-Grain Wheat Bread
- Oven Roasted Sliced Turkey ♦ Sliced Ham ♦ Chicken Salad ♦ Tuna Salad \$ 4.95
  - Add sliced cheese to any sandwich \$ .95
  - Club Sandwich (Ham, Turkey, Bacon and Sliced Cheese) \$ 5.75
  - **Make it a Combo:** Sandwich ♦ Ruffles Chips ♦ Apple or Orange ♦ Bottle of Water +\$ 2.00
- Pizza – served on Friday
- Cheese \$ 3.95
  - Pepperoni \$ 4.15
  - **Make it a Combo:** Cheese Pizza ♦ Vegetables of the day ♦ Whole Fruit ♦ Bottle of water \$ 6.95
  - **Make it a Combo:** Pepperoni Pizza ♦ Vegetables of the Day ♦ Whole Fruit ♦ Bottle of Water \$ 7.75

#### Healthy Snacks & Sides

- Mediterranean Box – Hummus, Pita and Fresh Vegetables \$ 4.25
- Good Protein Box – String Cheese, Hard-cooked Egg, Sliced Apple, Nuts, Almonds and Flatbread \$ 4.25
- All-American Box – Crackers, Sliced Turkey, Colby Jack Cheese, Fresh Vegetables and Ranch \$ 4.25
- Crudités Box - Fresh Carrots, Cherry Tomatoes, Celery Sticks, Sweet Peppers w/house Ranch \$ 3.25
- Granola Bar \$ 1.50 Kind Bar \$ 1.95 Gogurt/Danimal Yogurt \$1.25
- Baked Chips ♦ Fat Free Yogurt ♦ Natural Applesauce \$ 1.75
- Texas Chocolate Cake ♦ Sugar Cookie ♦ Jell-O♦ Chocolate Pudding \$ 1.45
- Ice Cream \$ 2.25

#### Beverages

- Organic Milk or Chocolate Milk \$ 2.35
- Bottled Water \$ 1.25
- 100% Juice Box \$ 1.95
- 100% Bottled Juice \$ 2.45

#### THIS MENU IS AVAILABLE IN THE DINING SERVICE LINE

Prices and availability subject to change

We anticipate that your first choices will always be available, however in the event of issues with our suppliers, your child will receive the hot lunch of the day at no additional charge.

**We stand behind our food 100%. If you are not satisfied with your meal,  
Epicurean Group will credit you and your next meal is on us!**

**Want a family dinner without drive-thru? We prepare Family Meals made FRESH each week!  
Visit our website for information on EASY EVENING DINNERS – Go to: "See This Week's Menu"**