



Our Vision and Philosophy

Epicurean Group originated almost twenty-five years ago, based on the premise that everyone - at one time or another, needs help with food – good, wholesome, healthy food that, by the way also tastes great! Sometimes it's event or party foods that are needed, and sometimes it's a simple meal – just to get nutritious food into your busy daily life.

Our food service for schools began in 1996, based on a similar idea – that busy moms and dads don't always have the time to put together a well-balanced lunch – every day for their children. That's where we come in We are here every day for your children with hot, healthy menu choices and a robust a la carte menu that's enjoyable and available everyday, or on an "as needed basis".

What's in it for YOU?



- A Happy child!
- Assurance that your student can go to school each day and look forward to and enjoy a healthy wholesome lunch or a favorite a la carte choice. All this, without the worry of any pre-planning the night before, or the hectic morning rush of deciding what will be packed for lunch.
- Trust in knowing that we are cooking the kind of food that you would - given the necessary time to plan, and the energy to prepare it!

What's in it for US?



We value the opportunity to serve your children, to create happy diners and educate a generation about the importance of healthy eating habits. While we're at it, we'd like to expose them to new food experiences so they learn to appreciate good food - and food that's good for them. Giving young people tools and knowledge to build a strong foundation about food choices empowers them to live healthier lives.

Where We've Come in the Journey



Food ... Water ... Shelter ... the basics. We began by providing the basics and then added a little comfort. And realized that children need to learn about making better choices earlier vs. later - the reality hit that pizza is not its own food group! We realized that small changes along the way make a big difference. We removed as many processed foods as possible – all the while, trying to keep children interested and enjoying lunch. A fine line we walk! Our menu has kept up with demand and the desire to offer adventurous and healthful choices. Below, you will find a little additional information regarding our service. We wish you the best school year yet!

Some Things to know about our Service



Standard Operating Procedures

- Nothing fried – Everything is baked with as many foods directly made from scratch as possible.
- No canned vegetables – all are fresh. We use only two frozen vegetables – corn and peas.
- We consciously avoid and seek to source products that free of preservatives, HFCS, GMO and MSG.

Epicurean Group, LLC

Epicurean Delight & Epicurean Lite

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